

REDMOND JUNIOR HIGH

Bear Tracks Weekly

Today is Monday, March 1, 2010

Stay in touch with the latest school news at the [RJH web site](#).

Learn more about PTSA events and activities at the [RJH PTSA web site](#).

RJH CALENDAR

- 03.01.2010 [LWSD - Parent Ed: Boys in Today's World](#)
- 03.02.2010 [Kamiakin @ Redmond Jr Volleyball](#)
- 03.02.2010 [Redmond Jr. @ Kamiakin Wrestling](#)
- 03.02.2010 [RJH - Teen Life in 2010 at RJH \(Parent Education Program\)](#)
- 03.03.2010 [LWSD - Parent Ed: Raising an Emotionally Intelligent Child - SOLD OUT](#)
- 03.04.2010 [LWSD - PTSA Council Meeting](#)
- 03.05.2010 [Kirkland @ Redmond Wrestling](#)
- 03.05.2010 [RJH - Orchestra Festival Concert](#)

SCHOOL NEWS

PARENTS: DON'T MISS TEEN LIFE IN 2010 AT REDMOND JUNIOR HIGH. Times have changed since you were a teenager. Join us on **Tuesday, March 2nd** in the RJH Commons to hear Principal Prato Barone and Ken Wong, Director of Teen Programs for the City of Redmond, in a presentation on [Teen Life in 2010 at RJH](#). The presentation will include: peer, friend, media influences; the impact of new media, including text messaging, social networking sites, YouTube, and gaming; student challenges; and communication strategies. Learn how you can support your student through these rapidly changing developmental years.

CAN YOU HELP RJH STUDENTS IN NEED? Thanks to support from the Saul & Dayee G. Haas Foundation, a fund has been established to help RJH students in need. The fund will help students with classroom, health and personal needs, as well as school and sports activities fees, and 100% of all donations will go straight into the fund. Click [here](#) to make your donation, and thanks so much for your support!

GET READY FOR MARCH MADNESS! March Madness Dress Up Week starts on March 8th and will end with a spirit assembly and staff/student volleyball game on March 12th. Get ready!

- Monday: **"Sports Team Day"** – dress up like your favorite college or professional sports team.
- Tuesday: **"Pajama Day"** – dress comfy but school appropriate!
- Wednesday: **"Crazy Hat/Hair Day"** – 'nuff said...
- Thursday: **"Cartoon/Superhero Day"** – dress like your favorite cartoon or superhero character.
- Friday: **"Spirit Day"** – 9th graders wear BLACK, 8th graders wear RED, 7th graders wear WHITE.

EXTRACURRICULAR ACTIVITIES

AUDITIONS FOR AN EVENING WITH AGATHA CHRISTIE. RHS Theatre Arts will be holding auditions for *An Evening with Agatha Christie* on **March 2 and 3 from 2:30 to 5:00 p.m.**; callbacks will be March 4. This production will consist of two plays, *Mouse Trap* and *Ten Little Indians*. Performances will be May 13-15 and 20-22, 2010. (The performance on May 22 will be a matinee so as not to conflict with the Senior Prom.) Auditions are open to any high school students in the Redmond Learning Community, including 9th graders. Students should prepare a one- to two-minute memorized monologue for the audition. Please contact [Ms. Doty](#) for more information.

AFTER HOURS THIS WEEK. This week's activities will include:

- **Tuesday March 2.** After Hours will be meeting in Mr. Leslie's room then heading outside to play soccer! For those who are not sports inclined, we will be playing telephone Pictionary! Turn In your permission slips for the Whole Foods field trip.
- **Thursday March 4.** Join After Hours for the best field trip of your life! We are going to Whole Food to learn about healthy eating, AND EAT LOTS OF SNACKS! Also, we will be playing catch phrase for those who aren't going on the field trip.

AFTER HOURS FIELD TRIPS. Here are more field trip opportunities with After Hours. Transportation to and from RJH will be provided by City of Redmond staff. Contact [Nancy Chang](#) for field trip permission forms – or pick up a form at After Hours.

- March 10th Whole Foods Tour, FREE, 2:30 – 4:15pm.
- April 14th Bellevue Indoor Skatepark, \$6 2:30 – 4:30pm

AFTER SCHOOL CLASSES. After Hours is offering some great classes this spring – sign up your student today! Please fill out a [registration form](#) to register your student. Scholarships are available. To learn more, contact [Nancy Chang](#).

- **LEGO Mindstorms! March 3, 10, 17, and 24 1:00 – 3:00 pm.** Learn to create and program robots using [LEGO Mindstorms](#). A fun way to build vehicle, machine shaped, or humanoid robots. This class will take place at RJH in Mr. Leslie's classroom. Cost is \$155. The minimum / maximum limit for the class is 10 / 10 students. **There are still a few slots open!**
- **Teen Clay Wheel Intensive Class: Wednesdays April 14 – June 2 1:30 – 4:30 pm.** The City of Redmond's After Hours Program presents Teen Clay Wheel Intensive, an 8-week class for students eager to experience the pottery wheel. Students learn the basic concepts of how to turn pots, use colored glazes, and create something that will be around for thousands of years. Prerequisite: prior clay experience. Special Raku Kiln firing expertise during the last class. Pick-up (1:00pm) and drop-off (4:45pm). Registration deadline: March 20. Cost is \$200. The minimum / maximum limit for the class is 6 / 10 students.
- **Vertical World! May 5, 12, 19, and 26 1:30 – 3:30 pm.** Learn the basics of rock climbing at Vertical World. Transportation is provided to and from school by After Hours Staff. Pick-up (1:00pm) and drop-off (4:00pm). Registration deadline: April 21, 2010 Cost is \$70. The minimum / maximum limit for the class is 5 / 7 students.

REDMOND YOUTH SUMMIT. The Redmond Youth Partnership Advisory Committee (RYPAC) is holding a youth summit on **March 9th** called [Reaching Beyond Your Limits](#) from 8:30-1:30 pm at the Old Redmond School House Community Center. This is an excused absence for RJH students who participate. It will allow youth and adults to share their ideas on the concerns and needs of young people in Redmond, exploring solutions to address these issues. Students must have parent permission to attend and then clear it with school. The City of Redmond will provide transportation to and from RJH. For more information and to register, please visit the [RYPAC web site](#).

SUMMER LEARNING OPPORTUNITIES. There are many educational and volunteer opportunities for summer, and many opportunities to prepare for college. Many of these opportunities are available to students who will be entering 9th or 10th grade; and some are even available for younger students. Many local colleges offer classes or college prep programs during the summer. For instance, WWU offers [College Quest](#); WSU offers [Cougar Quest](#); the UW offers [summer programs](#) in writing, computer programming and more; and [Bellevue College](#) is offering classes in art, languages, writing, and business.

PTSA NEWS & PARENT EDUCATION

OF CONCERN TO US ALL. In recent weeks, Redmond High School and Redmond Junior High students and parents, as well as the community at large, have been hearing about and discussing drug arrests in our schools. PTSA volunteers are reminded that volunteers are expected to maintain professionalism and confidentiality when fulfilling their volunteer roles. It is not appropriate to gossip about any of the students or families involved or directly affected by the arrests, particularly while at school or during volunteer activities. I've already received notice that this has occurred, with the unfortunate consequence of tarnishing PTSA through its representative volunteers, and adding further to the complex situation faced by these families. Please continue to show respect and professionalism, and keep any commentary that is not strictly factual to a private setting. -- Lisa Schildt, RJH PTSA President

PTSA OFFICER NOMINATIONS FOR 2010-2011. The RJH PTSA Nominations Committee, consisting of Mary Bourguignon, Elizabeth Hansford, and Becky Latt, has submitted the following names as the candidates for 2010-2010 elected officers for Redmond Junior High PTSA. Elections will be held at the PTSA General Membership Meeting on Tuesday, **March 16, 2010**. The meeting begins at 7 p.m. in the RJH library.

Candidates:

President: Lisa Schildt
Co-Vice President: MaAn Shridhar
Co-Vice President: To be determined
Secretary: Heather Brown
Treasurer: Carrie Casanas

PTSA VOLUNTEERS PERFORM WONDERS FOR CIRQUE DE REDMOND DANCE. Sincere thanks to the volunteers who juggled their schedule in order to sell dance tickets during school lunches on Wednesday, Thursday, and Friday (Feb 24-26). These talented volunteers were: Suzie Connor, Holly Foster, Pam LeGresley, Stephanie Manske, Deb Nielsen, Carolyn Rigby, Claire Ronneburg, and MaAn Shridhar. Our dance chaperones helped keep the clowning around to a minimum. Thanks to Carrie Casanas, Sharlee Hewitt, Victoria Mitten-Kaleff, Zuzana Pankovcinova, Kristin Poulter, Carolyn Rigby, and Debbie Scally. Charlotte Baker was on standby as alternate chaperone for the evening, and equally deserves a big thank you! Another round of applause for our ASB support volunteers, please! (submitted by Lisa Schildt)

NINTH GRADE STUDENTS: WANT TO TAKE A MOCK SAT? The RHS PTSA is sponsoring a Mock SAT, which will be offered to give students a chance to practice taking the SAT exam. Freshmen, it's never too early to start practicing! The Mock SAT is scheduled on **Saturday, March 20th from 9:00 until 1:15 pm**. It will be held at Redmond High School. The "Score Back" Session will be held on Wednesday, April 7th at 7:00 pm at Redmond High School. This Mock SAT will not be reported to any agency or school. To register, please complete the [form](#) on the RHS PTSA website. For additional information please contact [Shari Newton](#).

PARENT EDUCATION. The Lake Washington PTSA Council is presenting a number of [parent education classes](#):

- **Boys in Today's World.** In this workshop for parents and their sons (ages 9-12), Laura Doerflinger, MS will assist you in learning better ways to relate to your sons so that they will develop a positive self-image; discuss the physical, emotional and social growth of boys; discuss how growth patterns affect both boys and their parents; review bullying, how it has evolved and how boys should respond; and present communication styles and parenting strategies to build the

connected relationship needed for adolescence and the next phase - junior high. Sessions will be held from 7:00-8:30 PM on March 1st at Rose Hill JH and **March 8th at Redmond JH.**

PTSA SPECIAL NEEDS GROUP MEETING. The PTSA Special Needs Group will meet on Tuesday, **March 23rd** from 7:00pm – 9:00pm at the LWSD Resource Building. The topic will be, “GET READY, GET SET...now LET’S GO: What you need to do NOW to prepare your child’s next step.” The presentation will be made by Richard Haines from the LWSD Transition Academy. Next year are you... moving up to Kindergarten? To junior high? To high school? To independence? This presentation will help you learn what you as parents and students need to do NOW to get ready for your next step. All are welcome to attend. Membership not required. For more information, please contact [Beth Angelo](#).

COMMUNITY DIGEST

EXPANDING YOUR HORIZONS. Girls interested in math, science, and technology, the [Expanding your Horizons](#) conference on Saturday, **March 27th** from 8:00-11:50am will help you explore different fields and learn about everything from astronomy to zoology. There’s even a program for parents!

WOMEN FLY! On Friday, **March 5th**, the Museum of Flight will host [Women Fly!](#) its annual event for young women interested in aviation and aerospace careers. Register [here](#).

RYPAC KICKBACK. March 6, 6:30 – 8:30pm. Join us as we put the finishing touches on the Teen Summit. We will also be talking about environmental service projects. RYPAC will join other Eastside youth councils for the Eastside Extreme Makeover taking place May 22, where we will build a trail at Farrell McWhirter Park! We will have snacks and refreshments. Room 207 at the Old Schoolhouse Community Center (16600 NE 80th ST). Contact [RYPAC](#) for more information.

MUSICIANS NEEDED FOR ROCKATHON. The Old Fire House Teen Center is seeking musicians between ages 13 and 19 – solo artists or bands – to compete in the 4th Annual OFH Classic [Rockathon](#). Applications are available at the Old Fire House Teen Center at 16510 NE 79th Street or [online](#). The deadline for applications is Wednesday, March 24th at 5:00 PM.

OLD FIRE HOUSE ACTIVITY DAYS. Wednesday, Thursday and Saturdays are Teen Activity Days at the [Old Fire House](#). Supervised, enriching and fun, the programs range from sports games, arts and crafts, cooking, use of our computer lab, educational opportunities and more.

- **Computer Lab with Cab.** Learn everything you wanted to know about computers from our resident computer wizard [Chris Caballero](#). Wednesdays and Thursdays, 3pm-7pm.
- **Homework Help.** Come into the OFH computer lab every for help with your homework or school projects and receive assistance in using Microsoft Office Suite and other programs. We will help you get the grade you want. Wednesdays and Thursdays from 3pm-4pm.
- **Youtube Time.** Come into the OFH computer lab for Youtube video hour! We pick a theme and watch awesome videos! Bring your favorite YouTube theme to share: political debates, comedians, favorite bands or even a short film you and your friends put together. Thursdays from 5pm-6pm.

NAMI CONFERENCE. [NAMI Eastside](#) presents a free conference for parents, caregivers and educators of children with mental health disorders, 10:00 am to 3:00pm on March 6 at Evergreen Hospital.

SPRING ARTS OPPORTUNITIES:

- ["Showtime"](#) with the Bellevue Chamber Chorus, marvelous music from the theater on March 6, 2:00 pm and 7:30 pm at Meydenbauer Center.
- [Audition](#) March 24 or March 26 for Evergreen Family Theatre's "Puck and the Players." Students in grades 6-12.

- [Sign up](#) now for Village Theatre Kidstage spring classes and productions for students through age 20.

PLAN FOR SUMMER:

- [World Travel 101](#) a free workshop presented at the Kirkland Library, March 6 at 1:00 pm.
- Registration now open for [Sambica](#) Summer Camps for kids and teens.

Bear Tracks Weekly is published by the Redmond Junior High PTSA. To subscribe, please contact weekly@rjhptsa.org. For more information about the PTSA, please visit our web site at www.rjhptsa.org.